

The H.O.G. Insider

LAKE SHORE CHAPTER

This Month's Member Meeting

August 18, 2019 @ Lamb's Farm—Magnolia Café

9:00 Breakfast

10:00 Meeting

August LSHOG Rides/Events

8/8—Reflections on Deep Lake—KSU 6:00pm leaving from dealer 8/11—Doyle's—KSU—10:00am leaving from dealer

8/13—LOH Meeting of the Minds—7:00pm Hitz Pizza & Pub

8/15—Lindy's Landing—Rick's inaugural ride—KSU 6:15pm leaving from dealer

8/17—WWDC/BB #8—Granny's in Barrington—KSU 8:00am leaving from dealer 8/17—Duck Inn in Delavan—KSU 2:30pm leaving from McDonalds Rt#12 & Rt#120 8/18—After meeting Ride—Valley of the Kings—KSU immediately after meeting

8/24—8th annual Baby Butt—KSÚ 7:45am—leaving from dealer

8/25—Concours de'elegance Antique car show-KSU 10am leaving from dealer

8/29—WWDC/BB #9—Mason's in Kenosha—KSU 6:45pm leaving from dealer 8/30—Nat'l H.O.G. Rally in Milwaukee—KSU to be determined. Watch website for info

8/31—Gus's Drive Inn & H.O.G. Rally—KSU 10:30am leaving from dealer

Be sure to add these dates to your personal calendar







Corey Johnston - Director



What a great and eventful July the chapter had. We had an awesome trip to Bardstown, Kentucky. Thanks again to everyone who came on the trip. All of us who planned the trip and routes hope you enjoyed yourselves. Another awesome chapter picnic is in the books. A special thanks to Ron and Julie Alghini and all those who came out to make things happen behind the scenes.

We have had a lot of great rides in July. We also had our first two Road Captain mentees complete the program. Congratulations to Dawn Cherry and Patrick Bowman and welcome to the R/C ranks.

We still have plenty of rides coming up and great weather ahead of us. The memorial rivet for Steve Bachner has been installed at the museum so mark your calendars for the September after meeting ride. We will travel up together to visit the rivet wall. For those of you traveling to Sturgis be safe and enjoy the beautiful scenery. I know I am looking forward to it. And for those of you traveling anywhere be safe and enjoy the road.

Corey (Rain Man) Johnston
"Listen to the wind, it talks..."
Director/RC
director@lakeshorehog.com

Ralph Lenzini—Assistant Director



HAPPY AUGUST! Yes, it's August. That means the kids are going back to school and college, and the summer vacations are coming to an end. What does it mean for us?...YOU GET TO RIDE MORE. This year started out very slow but it looks good now.

I would like to thank all of the Bootleggers that went on the Bootlegger Boogie ride. I can tell you one thing... we have a lot of LUSHES in this group. I know that my group went to 6 distilleries and I think most of the others went to about the same. Hell, this fat, pasty looking boy

even went into the pool. All I know is we have one hell of a chapter and if you haven't been on one of the other weekend getaways, you should.

What a great time at the Chapter Picnic. Ron and Julie did an outstanding job. The food was awesome and it was sure nice to see everyone having a good time.

Ralph "yoyo" Lenzini Chase all the sunsets you can. Let's Ride Assistant Director/RC Assistantdirector@lakeshorehog.com

Ray Weimer-Treasurer

Greeting Fellow Chapter Members,



What a terrific annual picnic we had last month. The weather was a lot more cooperative this year and even though it got a little warm in the afternoon it was still bearable. I feel that all who attended had a very nice time. The Hawaiian theme was really cool, the food was delectable, and the games were competitive. What more can you ask for? Many thanks go out to the committee that put this picnic together. I know there was a lot of effort committed to put on an event like this one and the outcome was spot on.

The annual club extended weekend ride was awesome, "Bootlegger Boogie" made its mark in the history book even with temps close to 100 degrees. Hot times in Bardstown. I want to thank Corey and Ralph for taking the lead on this terrific adventure and all the rest who made this trip what it was. For those that attended—if anyone's got any comments for next year, let's hear them.

Keep your knees in the breeze, Ray (Pockets) Weimer **Treasurer** Treasurer@LakeShoreHOG.com

Rick Cruz-Secretary



July was an awesome month, the weather cooperated and we had a great turnout for the Annual Teddy Bear ride and picnic! Hopefully your July allowed you to get in on a number of rides!

Some highlights from our July Luau picnic:

Riders met at the Dealership at 10:00 AM, for a nice ride to Nippersink Forest Preserve for the awesome Luau picnic. There were 76 members and 6 guests in attendance.

- We had some good food, music and some neat raffle items
- The Teddy Bear/Matchbox Car drive was a huge success showing the great giving spirit of our chapter.
- The best dressed winners were Sammie Sweeney for the ladies and Larry Stotts for the men. (Nice Hula Skirts!)
- We had our bike games and this year there was some stiff competition.
- Congratulations to James Hancock and his daughter Sydney for winning the "Road Kill" ride
- Congratulations to Bob Morrison for winning the "Slow Ride" and the Obstacle course.

Those trainings with the Sheriff and other courses really paid off.



• I was thinking back and remembering why we joined the chapter? We joined because we were looking for a place to share good times, and make some lasting memories with new friends as well as ride with those that like to ride like me. We call ourselves a social club, we are supposed to be able to work together for the betterment and fun for all. We have our annual Teddy Bear drive and all year we work to collect as many stuffed animals and Hot Wheels/ Matchbox cars for the many children that need that little piece of comfort when times are not going so well.

Looking forward I question why it is so hard to do things differently? Why is it taboo to try new ways to complete a task? Why do we have to find fault in others rather than look for the good and praise that good? I was always taught to Praise in public and Reprimand in private. Making a scene does no good for anyone involved.

As I write this I hope that we can look past the little things and focus on having fun, not only hearing the ideas of others but keeping an open mind to those ideas and seeing what kind of value and / or changes this can bring to our chapter to continue to make it the great chapter it is, as well showing our newest members why they made the right choice to join

<u>REMEMBER</u> If you get a friend to join the chapter you get 2 activity cards filled out and entered into the drawing at the end of the year! Encourage all your Harley riding friends to join, let them know that all they need is their national H.O.G. membership and the passenger can be an associate member! (If both join, that equals 4 completed activity cards!)

August General meeting is Sunday August 18, 2019 at Lambs Farm. Breakfast starts at 9:00
 AM with the meeting starting at 10:00 AM and a ride scheduled after the meeting to The Valley of the Kings.

Rick Cruz **Secretary** Secretary@LakeShoreHOG.com

Anne Weimer-Membership



It's hard to believe that it is already August, our riding season is in full throttle and the weather is actually cooperating. It seemed such a long time ago that we were planning our Bootleggers Boogie Run and now we are back home. What a fabulous trip it was, riding thru the backroads of Kentucky visiting the different distilleries was a blast, the pool parties to cool down from the intense heat, the restaurants and food were all delicious, the really cool patch and most importantly the company was priceless!!!!! Thank you to all for a fantastic adventure.

I would also like to thank Ron and Julie for a fun filled Luau Picnic. There was plenty of sunshine, gentle breezes, nice Hawaiian music, more than enough food, (Ron you can sure cook), lots of laughter and of course fun biker games. If you didn't attend you really missed a good one. Thank you.

Reminder: if you let your National H.O.G. membership expire, your membership with Lake Shore is inactivated until you renew your national membership. In addition if you would attend one of our rides you will be required to fill out another release form. Renewal can be accomplished easily by logging onto www.hog.com

Remember our motto "RIDE AND HAVE FUN"

Anne Weimer

Membership Officer/Volunteer Coordinator

Membership@lakeshorehog.com

Ron Alghini — Activities Officer



Thanks to everyone who came out for the Teddy Bear Picnic. We had 81 people attend!! We shared some awesome food and lots of fun! Our game winners were: Doug Wrobel-Bug on Headlight, Larry Stotts-Best Dressed Luau Man, Sammy Sweeney-Best Dressed Luau Woman, James Hancock & Sydney Johnson-Road Kill Game, Bob Morrison-Slow Ride and Obstacle Course. Thank you to everyone for the teddy bears, cars and monetary donations to support a great cause! A huge THANK YOU to all of the awesome people who worked together to make the picnic a big success! We couldn't have done it without the

help of each and everyone of you!!!!!

The Hot Diggity Dog Competition is in full swing and runs until October so get out there and send us some pictures of you and your hot dogs!! **Ken Hunter** is the first contender to get credit for a Diner, Drive-Ins and Dives venue, The Hillbilly Hot Dog in West Virginia!

The plans for our Fall Event are in the making! More information will follow at our August meeting. Hope to see you all there!!!

Ron Alghini
"Ronster"
Activities Officer
Activities@lakeshorehog.com

John R Sweeney Jr HEAD ROAD CAPTAIN



First off I wanted to thank all of those that came out and supported the "5th Annual Ride For Hope". We had a nice turnout for the chapter and a great turn-out for the ride. A truly wonderful cause, good friends and a beautiful day. You couldn't ask for more. Can't wait for next year.

We are in the middle of summer and our ride calendar is full. Plenty of rides to pick from and no excuse for not getting out there, since we are now getting some decent weather. Pick what interests you and en-

joy.

I want to officially welcome Dawn Cherry and Patrick Bowman as our newest Road Captains. They have both completed the necessary steps and received their rockers at our chapter picnic. Hopefully Jeff Marcotte, Rick Cruz and James Hancock will be completing this month.

My hats off to everyone that helped plan, organize and execute our chapter picnic. It was a lot of fun, great weather, good food and a tremendous day for our Teddy Bear drive. The chapter really stepped up this year on donations of both bears and cars, as well as financial donations. You guys are great... Thanks a million.

For those of you that are off to Sturgis, have a fun and safe trip. Enjoy the beautiful roads, cities and sights. If you haven't been there before, you are in for one heck of a treat. And for those returning, you already know how wonderful it is out west. ;—)

On a **safety note**, please remember that on a group ride, your spacing is really, really important. Riding too close to the bike in front of you (or on either side) could be vary hazardous in a quick stop. But being TOO far back (large gap) opens up the opportunity for a car or truck to pull into the middle of the group or for the possibility of being separated by the traffic light going through an intersection. **PLEASE** watch your intervals when the group is rolling. 2 seconds from the bike in front of you and 1 sec from the bike on either your left or right. Its for your safety and for the safety of the whole group. Thank you...

And as always, remember... Shiny side up and rubber side down...

John R Sweeney Jr aka (Motor Mouth) "It's not the destination; it's the journey" Head Road Captain—Lake Shore H.O.G Chapter HeadRoadCaptain@lakeshorehog.com



MUSTANG RUN

SUNDAY, AUGUST 11, 2019

All net proceeds to be donated to BraveHearts to assist in providing

equine-assisted services to veterans.

\$20 PER TICKET

At Woodstock Harley. Includes:

- Food
- Giveaways
- Entertainment
 Prizes to be announced!



Thank You Sponsors



























Starting Location

340 Townline Road Mundelein, Illinois

9:30AM Line-up 10:00AM Kickstands Up

-HARLEY-DAVIDSON



2235 S. Eastwood Drive Woodstock, Illinois

> Route to include a stop at BraveHearts

Ladies of Harley Sammie Sweeney



Sammie Sweeney
LOH Co-Chair
LOH sammie@lakeshorehog.com

Hello ladies,

Let's get together for a meeting of the minds, some dinner, and some laughs. On Tuesday, August 13th, we will meet at 7:00pm at Hitz Pizza and Sports Bar at 700 South Butterfield Road in Mundelein.

Hope to see you there...

Sammie



Teddy Bear Corner

We as a chapter are going to put a lot of smiles on a lot of little faces. With your generosity we collected over \$800.00 and bags and bags of stuffed animals and cars. Keep it up Lake Shore H.O.G.

YOU ROCK!!!!

Sammie out...

Sammie Sweeney

Dan Marcotte—Safety Officer



10 Tips for Hot Weather Motorcycle Riding

Exposure to direct sun, heat and the wind all increase the rate at which we lose water naturally through perspiration and breathing. And if, like those of us in northern climates, we're not acclimatized to the heat, it can affect us at even moderate heat temperatures. The onset of heat exhaustion can be insidious. A few easy proactive steps can help us stay well hydrated when riding in hot weather.

- 1. Wear light colored clothing including your helmet.
- 2. Layer your clothing so you can adjust as the temperature changes. Breathable layers are better than nothing at all.
- 3. Drink plenty of fluids pure water is best. Start drinking well ahead of your ride the effects of dehydration are cumulative. Electrolytes are a good thing.
- 4. Avoid caffeine. Liquids with act as a diuretic and push water out of your system. If you must have a cup of caffeine, make sure you drink 8 ounces of water for every cup of coffee or soda that you drink.
- 5. Drink 1/2 ounce of water for every 1 pound that you weigh (as a rule of thumb, in a day).
- 6. Sip your water every 15 minutes or so, rather than drink more at longer intervals.
- 7. Install a cup-holder or use a hands-free Camelback.
- 8. Wear lightweight clothing that covers your skin. It minimizes the sun's drying and damaging effects.
- 9. Stop frequently to rest, stretch, move around, drink water and cool down.
- 10. Plan your day around the weather. Start riding earlier and avoid riding during peak heat times.

Signs of dehydration include: less frequent urination (urine passed will be less in volume and darker in color), fatigue, headache, dizziness and cramps. If you are not drinking water, it is hot and you are not sweating, be careful. This could be a sign that you are nearing heat stroke.

Let me hear your ideas for future topics... I can be reached at safety@lakeshorehog.com

Dan Marcotte
Safety Dan
Safety Officer/Road Captain
SafetyOfficer@lakeshorehog.com



Bob Morrison—Photographer

Hello Lake Shore HOG Chapter Sisters and Brothers,

Thank you to Ron, Julie, the committee and all those who made our Luau Picnic a great success! Thank you to John and all the Road Captains for a safe and scenic "Teddy Bear Ride" to the Luau Picnic! The motorcycle games were great too. Here are some of our memories from that day....

An original Hawaiian t-shirt!

I think he just got off the bus!





I think this is a Hawaiian hug!

The best Hawaiian dressed members!





And of course...



Make sure you check out our face book page for all the pictures and videos from that great day! In the Hawaiian tradition here's wishing all those who made this day successful, "Mahalo"!

"Please send me your pictures from events and rides at photographer@lakeshorehog.com. This way I can send them to Nick for the Website! Thank You!"



Hot Diggity Dog Challenge

The 2019 Chapter Challenge will include Hot Dogs!

Rules:

Go to any restaurant for a Hot Dog and provide the following information for your points. It must be a new restaurant each time. Contest will run 5/19-10/1.

- Take a picture of yourself and bike in front of restaurant, your hot dog and menu with restaurant name visible. 1pt.
- Calculated miles from Lake Shore HD to hot dog joint. 1pt.
- If destination is mentioned in newspaper ad, Facebook, Diners, Drive Ins and Dives etc. you earn a bonus point. Documentation needed: screen shot of Facebook post, picture or article with hot dog joint mentioned. 1pt.
- 4. At the conclusion of the challenge, the miles you rode for a hot dog will be calculated. 10% of total miles will be added to your score. The more miles you ride for a hot dog, the more points awarded.

Please submit name, pictures and mileage to Ron Alghini at activities@lakeshorehog.com

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